

Monthly Medical Premium Contributions for Non-Medicare-Eligible Coverage

Coverage Level	Quality First Select Access ¹	Primary Care Access	Standard Access	Expanded Access	State Preferred POS ²	Out-of-Area
Group 1: Retirement date prior to July 1999						
1 person	\$0	\$0	\$0	\$0	\$0	\$0
2 persons	\$0	\$0	\$0	\$0	\$0	\$0
3+ persons	\$0	\$0	\$0	\$0	\$0	\$0
Group 2: Retirement date 7/1/99 - 5/1/09, and those under the 2009 RIP						
1 person	\$24.23	\$0	\$0	\$25.36	\$26.94	\$0
2 persons	\$53.32	\$0	\$0	\$55.78	\$59.26	\$0
3+ persons	\$65.43	\$0	\$0	\$68.46	\$72.73	\$0
Group 3: Retirement date 6/1/09 - 10/1/11						
1 person	\$24.23	\$0	\$0	\$25.36	\$26.94	\$0
2 persons	\$53.32	\$0	\$0	\$55.78	\$59.26	\$0
3+ persons	\$65.43	\$0	\$0	\$68.46	\$72.73	\$0
Group 4: Retirement date 10/2/11 - 10/1/17						
1 person	\$24.23	\$0	\$0	\$25.36	\$26.94	\$0
2 persons	\$53.32	\$0	\$0	\$55.78	\$59.26	\$0
3+ persons	\$65.43	\$0	\$0	\$68.46	\$72.73	\$0
Group 5: Retirement date 10/2/17 - 7/1/2022; 25 or more years of service OR hazardous duty						
1 person	\$23.47	\$0	\$0	\$24.07	\$25.61	\$0
2 persons	\$51.63	\$0	\$0	\$52.96	\$56.35	\$0
3+ persons	\$63.36	\$0	\$0	\$65.00	\$69.16	\$0
Group 6: Retirement date 10/2/17 - 7/1/2022; fewer than 25 years of service OR non-hazardous duty						
1 person	\$46.93	\$23.41	\$23.62	\$48.15	\$51.23	\$25.61
2 persons	\$103.25	\$51.50	\$51.97	\$105.92	\$112.70	\$56.35
3+ persons	\$126.72	\$63.21	\$63.78	\$129.99	\$138.32	\$69.16
Group 8: Retirement date August 1, 2022 or later; hazardous duty						
1 person	\$46.93	\$46.82	\$47.24	\$48.15	\$51.23	\$51.23
2 persons	\$103.25	\$103.00	\$103.93	\$105.92	\$112.70	\$112.70
3+ persons	\$126.72	\$126.41	\$127.55	\$129.99	\$138.32	\$138.32
Group 9: Retirement date August 1, 2022 or later; non-hazardous duty						
1 person	\$78.22	\$78.03	\$78.74	\$80.24	\$85.38	\$85.38
2 persons	\$172.09	\$171.67	\$173.22	\$176.53	\$187.84	\$187.84
3+ persons	\$211.20	\$210.69	\$212.59	\$216.66	\$230.53	\$230.53

¹ The Quality First Select Access plan is only available to employees (and their dependents) who live in Connecticut.

² Closed to new enrollment

Monthly Dental Premium Contributions

You'll pay for the cost of dental coverage through deductions from your monthly pension check. Your premium contribution depends on the dental plan you choose, your retirement date, and the number of enrolled individuals. Cigna is the administrator for all State of Connecticut dental plans.

Coverage Level: All Retirement Groups	Total Care DHMO Plan	Enhanced Plan	Basic Plan	Dental Care DHMO Plan ¹
1 person	\$31.54	\$41.32	\$44.40	\$25.30
2 persons	\$69.40	\$82.64	\$88.80	\$55.65
3+ persons	\$85.17	\$82.64	\$88.80	\$68.30

¹ *Closed to new enrollments; the Total Care DHMO Plan offers better coverage and lower costs*

Using Your Benefits

Use the resources below to maximize your benefits and get help making important health care decisions. **It doesn't matter which medical plan you enroll in — you have access to all of these resources regardless of your choice.**

When you need information about your benefits...

Check out carecompass.ct.gov, your one-stop shop for state benefits, including benefit charts, plan documents, carrier contact information, and more.

If you are a pre-65 (non-Medicare-eligible) retiree or dependent, you can use your personal benefits and HEP portal by registering or logging on from carecompass.quantum-health.com.

You can also access the portal by downloading the **Quantum Health** app (on the [App Store](#) or [Google Play](#)). If you registered on the website first, then just sign in when accessing your portal on the app.

When you want to talk to a human...

Non-Medicare-eligible medical plan retirees and their dependents can speak directly with a personal Care Coordinator, a real person there to help you understand your benefits.

Call 833-740-3258, Monday to Friday, 8:30 a.m. to 10 p.m. ET.

Care Coordinators are there to help you understand your coverage, find doctors, and navigate the complexities of health care. You can contact them by phone or send secure messages through the benefits and HEP portal provided by Quantum Health.

Whether online or over the phone, Care Coordinators work directly with Anthem, Cigna, and CVS Caremark to simplify your benefits and help you get the care you need, when you need it.