



OPEN ENROLLMENT

MAY 1 through MAY 31

Open Enrollment is your one opportunity each year to review your coverage and make changes to your medical and dental plans.

Everything you need in one place:
carecompass.ct.gov/benefits-enrollment



scan to visit



Compare your plan options

Make sure your medical and dental plans fit your health needs and your budget.

Explore decision-making tools on Care Compass, including plan match quizzes, payroll deductions, and side-by-side plan comparisons.



Attend a virtual event

Join a live webinar to review what's new, learn about your benefits, and have your questions answered so you can make informed choices.

Medical, Pharmacy, HEP:
Tues., May 12 – 10 am
Tues., May 26 – Noon

Dental:
Thurs., May 14 – 10 am
Tues., May 19 – Noon



Check your doctors & providers

Confirm your doctors and providers are in-network for your plan.

Staying in-network helps you save on the care you need.

Use the Provider Finder tools on Care Compass, or contact a Care Coordinator for help.



Add or remove dependents

Only eligible dependents can be added to your coverage.

To add* or remove a dependent, use eBenefits or contact your agency's benefits specialist for an enrollment form.

If you don't make changes, your current coverage or waiver will continue at the 2026-2027 rates.

*Enrolling eligible dependents requires submission of supporting documentation. For enrollment or eligibility questions, contact your agency benefits specialist.

Make a Change

Make your changes by May 31, 2026

Switch plans, update dependents, or enroll in HEP. All changes take effect July 1, 2026.

Use eBenefits in Core-CT to make changes, or contact your agency's benefits specialist for help.

Need Help?

Your agency benefits specialist can answer eligibility and enrollment questions.

Call a Care Coordinator at 833-740-3258 for help choosing a plan or finding a provider.

NEW ID CARDS WILL ARRIVE BY JULY 1

FOR ALL MEMBERS

New ID cards are coming

All members, including dependents, will receive new medical and prescription ID cards from Anthem to use starting July 1.

You'll get new cards even if you don't make any changes during Open Enrollment.

Compare plans, make changes, get help.

Everything you need at:

carecompass.ct.gov/benefits-enrollment