

Now it's easier than ever to manage your dental health and unlock the full value of your Cigna HealthcareSM

Dental plan using the myCigna® website and app.¹ There's so much you can do, from programs that help improve your oral health to tools that help manage your dental care spending, and more.



Compare dentists using Brighter Score™ based on affordability, patient experience and professional history



See cost estimates for dental procedures



Manage and track claims



View, print and send ID cards



Find in-network dentists and filter by location, hours, languages and more



Use the click-to-chat feature to connect with a live Cigna Healthcare rep



Visit myCigna today.

Not registered yet? Start here.²





Download the myCigna App for your mobile device.

Disponible en Español. Scan the QR code with your phone, and make sure to have your ID card handy. You'll need it to register.²



Screenings start at home.

Stay on top of your oral health the fast, free, easy way with SmartScan.

SmartScan is a unique, at-home dental screening tool that lets you use your smartphone to take a series of guided dental photos. Within minutes, you'll receive a professional assessment from a Cigna Healthcare dentist.

It's not a replacement for a full exam and x-rays done in a dental office, which are important ways to protect your teeth, gums and overall good health. But it's a convenient way to monitor your oral health, especially if you miss regular preventive dental care.



Here's how SmartScan works.

- Using your smartphone, you'll take a series of photos of your teeth and gums
- You'll be instructed how to hold the camera and what to expect in terms of the types of photos needed
- Then, your photos will be uploaded to Dental.com
- Each photo will be examined using artificial intelligence (AI) to determine potential cavities or areas of concern
- A Cigna Healthcare Dental network dentist will then review the photos and AI data
- You will receive a report that includes an overall rating that indicates your oral health status

If the report indicates you might need additional care, you'll have an opportunity to book a teledentistry appointment thorough Cigna Healthcare Dental virtual care,4 or be referred to a Cigna Healthcare Dental in-network provider.

Why use SmartScan?

- SmartScreen screenings are available at no additional cost⁵
- The process takes approximately five minutes from start to finish
- You'll get an understanding of your oral health status, plus health tips on how to improve your oral health



Visit **myCigna.com** to learn more about SmartScan and other ways to enhance your oral health.

- 1. Actual myCigna features may vary depending on your plan and customer profile.
- 2. Customers under age 13 (and/or their parent/quardian) will not be able to register at myCigna.com.
- 3. Dentallnsurance.com. "Survey: Why Do People Delay Dental Care?" August 23, 2022.
- 4. Cigna Healthcare provides access to virtual care through national teledental care providers via myCigna.com as part of your plan. Providers are solely responsible for any treatment provided to their patients. Video chat may not be available in all areas or with all providers and is a requirement for this service. See your plan materials for the details of your specific Dental plan. This service is separate from coverage for virtual dental care obtained by your Dental plan's network and may not be available in all areas. A referral is not required for this service.
- 5. Currently limited to Cigna Healthcare Dental customers as part of a Cigna Healthcare Dental pilot program.

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