



# Enrolling in the State of Connecticut Health Plan

State Employees have the opportunity to enroll in or modify their health plans as new hires, during qualifying life events, or through Open Enrollment.

Take advantage of this period to review your benefits, update your medical and dental plans, and manage your dependents. Remember, any changes you make will be effective until the end of the plan year.

Visit [carecompass.ct.gov/benefits-enrollment](https://carecompass.ct.gov/benefits-enrollment) for more information about your benefits.



## What to do

It's important to review your benefit options to ensure they'll meet your needs.

**Take a good look at your options.** Consider your and your family's needs and choose the best option for you.

What happens if you do not enroll?

If you do not enroll your coverage will continue as is, with applicable premiums.

If you are NOT enrolled, your coverage will continue to be waived.

**Watch an on-demand benefits presentation.** This is created during Open Enrollment each year. Visit [carecompass.ct.gov/benefits-enrollment](https://carecompass.ct.gov/benefits-enrollment) to watch.

**Confirm your providers are in-network.** Visit [carecompass.ct.gov/benefits-enrollment](https://carecompass.ct.gov/benefits-enrollment) under Find Providers to access medical provider and dentist search tools.

**Make any changes you may need.** Employees who do not have access to a computer should contact their agency benefits specialist for a core-generated enrollment form.

## Qualifying Life Events

Once you make your coverage elections and the election period ends, no changes can be made during the plan year unless you experience a qualifying life event. In such cases, you have 31 days from the event date to make changes and submit the required documentation. You can make these changes through self-service (eBenefits). If you have any questions, contact your agency benefits specialist. To get started, log in to Core-CT ([corect.ct.gov](https://corect.ct.gov)) and select **Self-Service > Benefits > Life Events**.

## Your Personalized Benefits Portal

You and your adult dependents can access the Quantum Health Benefits and HEP Portal, where you can view personalized benefits information, review claims, find in-network providers, check your HEP status, and more!

To register, visit [carecompass.ct.gov](https://carecompass.ct.gov) and select Create an Account. If you are enrolling in medical coverage for the first time, you must have your Anthem ID card number to register.

## Need Help?

For help with enrollment and eligibility information, contact your agency benefits specialist. For help with choosing a health plan that's best for you or finding a provider, call a Care Coordinator at 833-740-3258.