Coverage Period: 07/01/2023 - 06/30/2024 Coverage for: Individual/Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit https://carecompass.ct.gov/wp-content/uploads/2024/03/State-of-CT-2023-Medical-Plan_Rev0318.2024-1.pdf For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copay</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at http://www.cciio.cms.gov or call Quantum Health at 1-833-740-3258 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: \$350/individual; \$1,400/family. Waived for Health Enhancement Program (HEP) Members and pre-October 2, 2011 retirees Out-of-network: \$300/individual; \$900/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. Once you or a family member meets the individual <u>deductible</u> amount, the <u>plan</u> begins to pay for you or that family member. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-network primary care and specialist office visits, in-network preventive care, prescription drugs, emergency room care, in-network urgent care, in-network mental health and substance abuse outpatient services, and in-network eye exams are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copay</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Medical: In-network: \$2,000/individual; \$4,000/family; Out-of-network: \$2,300/individual; \$4,900/family Prescription drugs: \$4,600/individual; \$9,200/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	<u>Premiums</u> , <u>balance-billing</u> charges, penalties for failure to obtain prior authorization for services and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www.quantum-health.com or call 1-833-740-3258 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			What You Will Pay		
Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No charge. <u>Deductible</u> does not apply.	\$15 <u>copay</u> /visit Pre-1999 Retirees: \$5 <u>copay</u> /visit <u>Deductible</u> does not apply.	20% coinsurance	None
If you visit a health care provider's office or clinic	Specialist visit	No charge. <u>Deductible</u> does not apply.	\$15 <u>copay</u> /visit Pre-1999 Retirees: \$5 <u>copay</u> /visit <u>Deductible</u> does not apply.	20% coinsurance	None.
	Preventive care/screening/immunization	No charge. <u>Deductible</u> does not apply.	No charge. <u>Deductible</u> does not apply.	20% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If was base a	Diagnostic test (blood work)	Site of Service Provider: No charge.	20% coinsurance	40% coinsurance	None.
If you have a test	Imaging (CT/PET scans, MRIs)	No charge.	20% coinsurance	40% coinsurance	Prior authorization required to avoid penalty of lesser of \$500 or 20% of cost of services.

			What You Will Pay		
Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need	Generic drugs	Preferred generic - Non-Maretail; Preferred generic - Maintenance preferred generic: Non-Maretail; Non-preferred - Maintenance July 2, 2009 – October 1, 2 copay/fill retail; Maintenance drug phretirees: Non-maintenance Maintenance: \$0 copay/ini order/Maintenance drug phretire/Maintenance drug phretire/Maintenance/Mai	Maintenance: \$5 copay/fill drug pharmacy. Non- intenance: \$10 copay/fill ntenance: \$10 copay/fill drug pharmacy. Retired 2011: Non-Maintenance: \$5 ce: \$0 copay/initial fill mail narmacy. Pre-July 1, 2009 e: \$3 copay/fill retail; tial fill mail	20% coinsurance for non-participating pharmacy.	Deductible will not apply to prescription drug coverage. No charge for generic preventive care drugs (e.g., FDA-approved generic contraceptives) or brand name preventive care drugs if generic drugs are not medically appropriate). See details of your coverage for slightly adjusted copays for persons retired between July 1, 2009 and October 1, 2011, and persons
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://carecompa	Preferred brand drugs	Non-Maintenance: \$25 copay/fill retail; Maintenance: \$25 copay/initial fill mail order/Maintenance drug pharmacy. Retired July 2, 2009 – October 1, 2011: Non-Maintenance: \$10 copay/fill retail; Maintenance: \$25 copay/initial fill; \$25 copay/fill mail order/ Maintenance drug pharmacy. Pre-July 1, 2009 retirees: Non-Maintenance: \$6 copay/fill retail; Maintenance: \$0 copay/initial fill; \$0 copay/fill mail order/Maintenance drug pharmacy.		20% <u>coinsurance</u> for non-participating pharmacy.	retired after October 1, 2011. Check the details at https://carecompass.ct.gov/state/pharmacy/ Maintenance drugs must be filled by mail order or maintenance drug pharmacy after first initial retail fill. Penalty may apply if brand name drug is requested when a generic is
ss.ct.gov/state/ph armacy/	Non-preferred brand drugs	Non-Maintenance: \$40 cop \$40 copay/initial fill mail or pharmacy. Retired July 2, Non-Maintenance: \$25 cop \$0 copay/initial fill mail ord pharmacy. Pre-July 1, 200 Maintenance: \$6 copay/fill copay/initial fill mail order/r pharmacy	bay/fill retail; Maintenance: der/Maintenance drug 2009 – October 1, 2011: bay/fill retail; Maintenance: er/ maintenance drug 9 retirees: Non- retail; Maintenance: \$0	20% <u>coinsurance</u> for non-participating pharmacy.	available. Prescription drugs purchased at a retail pharmacy are limited to a maximum of a 30-day supply; prescription drugs purchased through mail order or maintenance drug pharmacy are limited to a maximum of a 90-day supply. For some prescription drugs, prior authorization may be required. Prescription drug coverage is
	Specialty drugs	No charge for specialty dru program. Same as non-pre enrolled in PrudentRx prog		Not covered	separately administered.

Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge		20% coinsurance	Prior authorization required to avoid penalty of lesser of \$500 or 20% of cost
surgery	Physician/surgeon fees	No charge		20% coinsurance	of services.
If you need immediate medical attention	Emergency room care	\$250 <u>copay</u> /visit. Retired October 2, 2011 – October 1, 2017: \$35 <u>copay</u> /visit Pre-October 2, 2011 Retirees: No charge <u>Deductible</u> does not apply.		\$250 copay/visit Retired October 2, 2011 – October 1, 2017: \$35 copay/visit Pre-October 2, 2011 Retirees: No charge Deductible does not apply.	Copay waived if admitted or if no reasonable medical alternative.
	Emergency medical transportation	No charge		No charge	None.
	Urgent care	\$15 <u>copay</u> /visit Pre-1999 Retiree: \$5 <u>copay</u> /visit <u>Deductible</u> does not apply.		20% coinsurance	None.
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge		20% <u>coinsurance</u>	Prior authorization required to avoid penalty of lesser of \$500 or 20% of cost of services. No coverage in excess of cost of a semi-private room unless medically necessary.
	Physician/surgeon fees	No charge		20% coinsurance	Prior authorization required to avoid penalty of lesser of \$500 or 20% of cost of services.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral	Outpatient services	\$15 <u>copay</u> /visit Pre-1999 Retirees: \$5 <u>cop</u> <u>Deductible</u> does not apply No charge for non-office v	_	20% coinsurance	None.
health, or substance abuse services	Inpatient services	No charge		20% coinsurance	Prior authorization required to avoid penalty of lesser of \$500 or 20% of cost of services.
If you are pregnant	Office visits	\$15 <u>copay</u> /first visit only Pre-1999 Retiree: \$5 <u>copay</u> /initial visit only <u>Deductible</u> does not apply.		20% coinsurance	Cost sharing does not apply for preventive care services. Depending on the type of services, a copay, coinsurance, or deductible may apply. Maternity care may include tests and services described within another section (i.e., ultrasound).
	Childbirth/delivery professional services	No charge	No charge		Prior authorization required to avoid penalty of lesser of \$500 or 20% of cost
	Childbirth/delivery facility services	No charge		20% coinsurance	of services.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred <u>In-Network</u> <u>Provider</u> (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	No charge		20% coinsurance	Limit: 200 visits/calendar year.
	Rehabilitation services	No charge		20% coinsurance	Prior authorization required (except for pre-1999 retirees) to avoid penalty of lesser of \$500 or 20% of covered services. In-network speech therapy limit: 30 visits/calendar year. Limit does not apply to treatment resulting from autism, stroke, tumor removal, injury or congenital anomalies of oropharynx. Out-of-network physical, occupational, chiropractic, speech & autism therapy limit: 30 visits/condition/calendar year.
If you need help recovering or	Habilitation services	No charge		20% coinsurance	None.
have other special health needs	Skilled nursing care	No charge		20% coinsurance	Out-of-network services limit: 60 days/calendar year. Prior authorization required to avoid penalty of lesser of \$500 or 20% of cost of services.
	Durable medical equipment	No charge		20% <u>coinsurance</u>	Prior authorization required to avoid penalty of lesser of \$500 or 20% of cost of services.
	Hospice services	No charge		20% <u>coinsurance</u>	Out-of-network in-home hospice limit: 200 visits/calendar year. Out-of-network inpatient hospice limit: 60 days/calendar year. Prior authorization required for inpatient services to avoid penalty of lesser of \$500 or 20% of cost of services.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred In-Network Provider (You will pay the least)	In-Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If your child	Children's eye exam	\$15 <u>copay</u> /visit <u>Deductible</u> does not apply.		50% coinsurance	Limit: 1 visit/calendar year.
If your child needs dental or	Children's glasses	Not covered		Not covered	You must pay 100% of this service, even in-network.
eye care	Children's dental check-up	Not covered		Not covered	You must pay 100% of this service, even <u>in-network</u> .

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Children's dental check-up
- Children's glasses
- Cosmetic surgery
- Dental care (Adult)

- Long-term care
- Non-emergency care outside the U.S. (urgent care covered).
- Routine foot care
- Weight loss programs (except as required by law)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (covered only if medically necessary for osteoarthritis or nausea and vomiting associated with surgery, chemotherapy or pregnancy)
- Bariatric surgery (prior authorization required)
- Chiropractic care (limit: 30 out-of-network visits/year)
- Hearing aid (limit: 1 set per 36 month period; prior authorization may be required for bone-anchored devices)
- Infertility treatment (prior authorization required)
- Private duty nursing (prior authorization required)
- Routine eye care (Adult) (limit: 1 exam/year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 877-267-2323 x61565 or http://www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.tealthcare.gov or call 800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Quantum Health 5240 Blazer Parkway Dublin, OH 43017 1-833-740-3258 CVS/Caremark Prescription Claim Appeals MC109 P.O. Box 52084 Phoenix, AZ 85072-2084 Fax: 866-443-1172

Additionally, a consumer assistance program can help you file your appeal. Contact the Connecticut Office of the Healthcare Advocate at 866-466-4446.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 800-922-2232.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800-922-2232.

如果需要中文的帮助,请拨打这个号码 800-922-2232.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 800-922-2232.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copays</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of <u>in-network</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ Specialist copayment	\$15
■ Hospital (facility)	\$0
Other	\$0

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing				
<u>Deductibles</u>	\$350			
<u>Copays</u>	\$25			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions \$6				
The total Peg would pay is				

Managing Joe's type 2 Diabetes

(a year of routine <u>in-network</u> care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
Specialist copayment	\$15
■ Hospital (facility)	\$0
■ Other	\$0

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$120
Copays	\$190
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$310

Mia's Simple Fracture

(<u>in-network</u> emergency room visit and follow up care)

 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) Other 	\$350 \$15 \$0 \$0
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This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment (crutches)</u>

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$350
Copays	\$320
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$670

NOTE: These numbers assume the patient does not participate in the <u>plan's</u> Health Enhancement Program (HEP). If you participate in HEP, you may be able to reduce your cost. For more information about HEP, please visit https://carecompass.ct.gov/hep/.

The **plan** would be responsible for the other costs of these EXAMPLE-covered services.