Coverage Period: 7/01/2023 – 06/30/2024

Coverage for: Individual/Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit http://www.osc.ct.gov/benefits/docs/MedicalPlanDoceff1012016updt9132016.pdf. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copay</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at http://www.cciio.cms.gov or call Quantum Health at 1-833-740-3258 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: \$350/individual; \$1,400/family; waived for Health Enhancement Plan (HEP) members Out-of-network: \$500/individual; \$1,500/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. Once you or a family member meets the individual <u>deductible</u> amount, the <u>plan</u> begins to pay for you or that family member. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-network primary care and specialist office visits, in-network preventive care, prescription drugs, emergency room care, in-network urgent care, in-network mental health and substance abuse outpatient services, and in-network eye exams are covered before you meet your deductible	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copay</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Medical: In-network \$3,000/individual; \$6,000/family; Out-of-network \$6,000/individual, \$12,000/family Prescription drugs: \$4,600/individual; \$9,200/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, penalties for failure to obtain prior authorization for services, and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a network provider?	Yes. See <u>carecompass.quantum-health.com</u> or call 1-833-740-3258 for a list of <u>network providers</u> .	You pay the least if you use a <u>provider</u> in Tier I. You pay more if you use a <u>provider</u> in Tier II. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

			What You Will Pay		
Common Medical Event	Services You May Need	<u>In-Network</u> Tier I <u>Provider</u> (You will pay the least)	<u>In-Network</u> Tier II <u>Provider</u>	Out-of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	No charge (includes LiveHealth Online). Deductible does not apply.	\$50 <u>copay</u> . <u>Deductible</u> does not apply.	20% coinsurance	None
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	No charge (includes LiveHealth Online). Deductible does not apply.	\$100 <u>copay</u> . <u>Deductible</u> does not apply.	20% coinsurance	None
PCP telemedicine visits are covered the same as office visits.	Preventive care/screening/ immunization	No charge. <u>Deductible</u> does not apply.	No charge. <u>Deductible</u> does not apply.	20% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a	<u>Diagnostic test</u> (x-ray, blood work)	Site of Service <u>Provider</u> : No charge	Non-Site of Service Provider: 20% coinsurance	40% coinsurance	None
test	Imaging (CT/PET scans, MRIs)	Site of Service <u>Provider</u> : No charge.	Non-Site of Service <u>Provider</u> : 20% <u>coinsurance</u>	40% coinsurance	Prior authorization required. Penalty is the lesser of \$500 or 20% of cost of services.

		What You Will Pay				
Common Medical Event	Services You May Need	In-Network Tier I Provider (You will pay the least)	<u>In-Network</u> Tier II <u>Provider</u>	Out-of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need drugs to treat	Generic drugs	Preferred generic – Non-Noretail; Preferred generic – copay/fill mail order or Mapharmacy. Non-preferred Maintenance: \$10 copay/fill Maintenance: \$10 copay/fill Maintenance drug pharma – October 1, 2011: Non-Noretail; Maintenance drug pharma – October 1, 2011: Non-Moretail; Maintenance drug pharma – October 1, 2011: Non-Moretail; Maintenance drug pharma – October 1, 2011: Non-Moretail; Maintenance drug pharma – Non-Moretail – Non-Moreta	Maintenance: \$5 intenance drug generic: Non- fill retail; Non-preferred - fill mail order or acy. Retired July 2, 2009 laintenance: \$5 : \$0 copay/initial fill mail sharmacy. Pre-July 1, enance: \$3 copay/fill spay/initial fill mail	30% <u>coinsurance</u> for non-participating pharmacy.	Deductible does not apply to prescription drug coverage. No charge for generic preventive care drugs (e.g., FDA-approved generic contraceptives) or brand name preventive care drugs if generic drugs are not medically appropriate). See details of your coverage for slightly adjusted copays for persons retired between July 1, 2009 and October 1, 2011, and persons retired after October 1, 2011. Check the	
your illness or condition More information about prescription drug coverage is available at http://www.osc.ct.gov/benefits/pharmacy.htm	Preferred brand drugs	Non-Maintenance: \$25 co Maintenance: \$25 copay/i order/Maintenance drug p 2009 – October 1, 2011: N copay/fill retail; Maintenar \$25 copay/fill mail order/ I pharmacy. Pre-July 1, 200 Maintenance: \$6 copay/fil copay/initial fill; \$0 copay/ order/Maintenance drug p	nitial fill mail harmacy. Retired July 2, Non-Maintenance: \$10 nce: \$25 copay/initial fill; Maintenance drug 09 retirees: Non- I retail; Maintenance: \$0 fill mail harmacy.	30% <u>coinsurance</u> for non-participating pharmacy.	details at http://www.osc.ct.gov/benefits/pharmacy http://www.osc.ct.gov/benefits/pharmacy http://www.osc.ct.gov/benefits/pharmacy http://www.osc.ct.gov/benefits/pharmacy http://www.osc.ct.gov/benefits/pharmacy <a a="" benefits="" href="http://www.osc.ct.gov/benefits/pharmacy <a href=" http:="" pharmacy<="" www.osc.ct.gov=""> <a a="" benefits="" href="http://www.osc.ct.gov/benefits/pharmacy <a href=" http:="" pharmacy<="" www.osc.ct.gov=""> <a a="" benefits="" href="http://www.osc.ct.gov/benefits/pharmacy <a href=" http:="" pharmacy<="" www.osc.ct.gov=""> <a benefits="" href="http://www.osc.ct.gov/benefits/pharmacy http://www.osc.ct.gov/benefits/pharmacy http://www.osc.ct.gov/benefits/pharmacy http://www.osc.c	
	Non-preferred brand drugs	Non-Maintenance: \$40 co Maintenance: \$40 copay/i order/Maintenance drug p 2009 – October 1, 2011: N copay/fill retail; Maintenar mail order/maintenance d 1, 2009 retirees: Non-Mai retail; Maintenance: \$0 co order/maintenance drug p	nitial fill mail harmacy. Retired July 2, Non-Maintenance: \$25 hce: \$0 copay/initial fill rug pharmacy. Pre-July htenance: \$6 copay/fill hpay/initial fill mail	30% <u>coinsurance</u> for non-participating pharmacy.	purchased through mail order or maintenance drug pharmacy are limited to a maximum of a 90-day supply. For some prescription drugs, prior authorization may be required. Prescription drug coverage is separately administered.	

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	Specialty drugs	PrudentRx program. Sam	No charge for <u>specialty drugs</u> if enrolled in PrudentRx program. Same as non-preferred brand Nodrugs if not enrolled in PrudentRx program.		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge.	No charge.	20% coinsurance	Prior authorization required. Penalty is the lesser of \$500 or 20% of cost of
surgery	Physician/surgeon fees	No charge.	No charge.	20% coinsurance	services.
	Emergency room care	\$250 <u>copay</u> /visit. <u>Deductible</u> does not apply.	\$250 <u>copay</u> /visit. <u>Deductible</u> does not apply.	\$250 <u>copay</u> /visit. <u>Deductible</u> does not apply.	Copay waived if admitted or no reasonable medical alternative.
If you need immediate medical	Emergency medical transportation	No charge.	No charge.	No charge.	None
attention	Urgent care	\$35 <u>copay</u> /visit. <u>Deductible</u> does not apply.	\$35 <u>copay</u> /visit <u>Deductible</u> does not apply.	20% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge.	No charge.	20% coinsurance	Prior authorization required. Penalty is the lesser of \$500 or 20% of cost of services. Limited to cost of a semi-private room unless medically necessary.
	Physician/surgeon fees	No charge.	No charge.	20% coinsurance	Prior authorization required. Penalty is the lesser of \$500 or 20% of cost of services.
If you need mental health, behavioral	Outpatient services	No charge. <u>Deductible</u> does not apply. No charge for non-office visit outpatient services.	No charge. <u>Deductible</u> does not apply. No charge for non-office visit outpatient services.	20% coinsurance	None
health, or substance abuse services	Inpatient services	No charge.	No charge.	20% coinsurance	Prior authorization required. Penalty is the lesser of \$500 or 20% of cost of services.

			What You Will Pay		
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If you are pregnant	Office visits	No charge. <u>Deductible</u> does not apply.	No charge. <u>Deductible</u> does not apply.	20% coinsurance	Cost sharing does not apply for preventive care services. Depending on the type of services, a copay, coinsurance, or deductible may apply. Maternity care may include tests and services described within another section (e.g., ultrasound).
	Childbirth/delivery professional services	No charge.	No charge.	20% coinsurance	Prior authorization only required if hospitalization exceeds 48 hours for vaginal delivery or 96 hours for cesarean
	Childbirth/delivery facility services	No charge.	No charge.	20% coinsurance	section. Penalty is the lesser of \$500 or 20% of cost of services.
	Home health care	No charge.	No charge.	20% coinsurance	Limited to 200 visits/calendar year. Must be in lieu of hospitalization. Prior authorization_is required; penalty is the lesser of \$500 or 20% of cost of services.
If you need help recovering or	Rehabilitation services	No charge.	No charge. 20% coinsul	20% coinsurance	Prior authorization required. Penalty is the lesser of \$500 or 20% of cost of services.
have other	Habilitation services	No charge.	No charge.	. 20% <u>coinsurance</u> Non	None
special health needs	Skilled nursing care	No charge. No charge.	20% coinsurance	Out-of-network services limited to 60 days/calendar year.	
	Durable medical equipment	No charge.	No charge.	20% coinsurance	Prior authorization required. Penalty is the lesser of \$500 or 20% of cost of services.
	Hospice services	No charge.	No charge.	20% coinsurance	Prior authorization required. Penalty is the lesser of \$500 or 20% of cost of services.

		What You Will Pay			
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If your child	Children's eye exam	\$50 <u>copay</u> /visit. <u>Deductible</u> does not apply.	\$50 <u>copay</u> /visit. <u>Deductible</u> does not apply.	20% coinsurance	Limited to one visit/calendar year. In-network copay waived for Health Enhancement Program participants every other year.
needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered	You must pay 100% of this service, even in-network.
	Children's dental check-up	Not covered	Not covered	Not covered	You must pay 100% of this service, even in-network.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Children's dental check-up
- Children's glasses
- Cosmetic surgery

- Dental care (Adult)
- Long-term care
- Non-emergency care outside the U.S.

- Routine foot care
- Weight loss programs (except as required by law)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture (covered only if <u>medically necessary</u> for osteoarthritis or nausea and vomiting associated with surgery, chemotherapy or pregnancy)
- Bariatric surgery (preauthorization required)
- Chiropractic care (limited to 30 <u>out-of-network</u> visits/year)
- Hearing aid (limited to one set per 36 month period; <u>preauthorization</u> required for bone-anchored devices or no benefits provided)
- Infertility treatment (preauthorization required)
- Private duty nursing (preauthorization required)
- Routine eye care (Adult) (limited to one exam/year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 877-267-2323 x61565 or http://www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.tealthcare.gov or call 800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

Quantum Health
5240 Blazer ParkwayDublin, OH 43017
1-833-740-3258

CVS/Caremark
Prescription Claim Appeals MC109
P.O. Box 52084
Phoenix, AZ 85072-2084
Fax: 866-443-1172

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Connecticut Office of the Healthcare Advocate at 866-466-4446.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this <u>plan</u> meet the <u>Minimum Value Standards</u>? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 800-922-2232.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800-922-2232.

如果需要中文的帮助,请拨打这个号码 800-922-2232.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 800-922-2232.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copays</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ Specialist copayment	\$0
Hospital (facility)	\$0
■ Other	\$5

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing				
<u>Deductibles</u>	\$350			
<u>Copays</u>	\$30			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$20			
The total Peg would pay is	\$400			

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ Specialist copayment	\$0
■ Hospital (facility)	\$0
■ Other	\$5

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

<u>Cost Sharing</u>	
<u>Deductibles</u>	\$120
<u>Copays</u>	\$40
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$160

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) 	\$350 \$0 \$250		
		■ Other	\$5

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment (crutches)</u>

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$350
Copays	\$260
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$610

NOTE: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your cost. For more information about the wellness program, please visit http://www.osc.ct.gov/benefits.htm.

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.