Coverage Period: 10/01/2020 - 06/30/2021 Coverage for: Individual/Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>Error! Hyperlink reference not valid.</u>http://www.osc.ct.gov/benefits/docs/MedicalPlanDoceff1012016updt9132016.pdf. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copay</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="http://www.cciio.cms.gov">http://www.cciio.cms.gov</a> or call Anthem Blue Cross and Blue Shield at 800-922-2232 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network with PCP referral: \$350/individual; \$1,400/family Waived for HEP Members In-network without PCP referral and out-of-network combined: \$1,000/individual; \$4,000/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. Once you or a family member meets the individual <u>deductible</u> amount, the <u>plan</u> begins to pay for you or that family member. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care/screenings/ immunizations, prescription drugs, emergency room care, urgent care, and eye exams are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copay</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In-network medical: \$3,000/individual; \$6,000/family; Out-of-network medical: \$5,000/individual; \$10,000/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Out-of-network <u>deductible</u> and <u>cost sharing</u> , <u>premiums</u> , <u>balance-billing</u> charges, penalties for failure to obtain <u>preauthorization</u> for services and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <a href="https://www.anthem.com/statect">www.anthem.com/statect</a> or call 800-922-2232 for a list of <a href="https://network.network.network.">network</a> providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	Yes, in order to receive the highest level of benefits under the <u>plan</u> .	This <u>plan</u> will pay the highest level of benefits to see a <u>specialist</u> for covered services only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

				What You Will Pay		
	Common Medical Event	Services You May Need	In-Network Provider with PCP Referral (You will pay the least)	<u>In-Network Provider</u> without <u>PCP Referral</u>	Out-of-Network <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge after deductible. \$5 copay per visit after deductible for LiveHealth Online telehealth visits; no referral needed.	No charge after deductible. \$5 copay per visit after deductible for LiveHealth Online telehealth visits.	30% <u>coinsurance</u> after <u>deductible</u> for visits, including LiveHealth Online telehealth visits.	None	
		Specialist visit	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	
		Preventive care/screening/immunization	No charge. <u>Deductible</u> does not apply.	No charge. <u>Deductible</u> does not apply.	30% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge after <u>deductible</u> for site of service provider; 20% <u>coinsurance</u> after <u>deductible</u> for non-site of service provider; no referral needed.		30% <u>coinsurance</u> after <u>deductible</u>	None	
	Imaging (CT/PET scans, MRIs)	No charge after <u>deductible</u> for site of service provider; 20% <u>coinsurance</u> after <u>deductible</u> for non-site of service provider; no referral needed.		30% <u>coinsurance</u> after <u>deductible</u>	<u>Preauthorization</u> required. Penalty is the lesser of \$500 or 20% of cost of services.	

			What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider with PCP Referral (You will pay the least)	In-Network Provider without PCP Referral	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.osc.ct. gov/benefits/phar macy.htm	Generic drugs	Preferred generic – Non-Noopay/retail; Preferred generic opay/ mail order or Maint Non-preferred generic: Noopay/retail; Non-preferre opay/mail order or Maint Retired July 2, 2009 – Oct Maintenance: \$5 copay/retail/mail order/pharmacy. Pre-July 1, 200 maintenance: \$3 copay/retail/mail order/pharmacy/initial fill/mail order/pharmacy	neric - Maintenance: \$5 tenance drug pharmacy. on-Maintenance: \$10 d - Maintenance: \$10 enance drug pharmacy. tober 1, 2011: Non- etail; Maintenance: \$0 /maintenance drug 09 retirees: Non- etail; Maintenance: \$0 /Maintenance drug	30% <u>coinsurance</u> for non-participating pharmacy.	Deductible does not apply to prescription drug coverage. No charge for FDA-approved contraceptives (or brand name contraceptives if a generic is medically inappropriate). See details of your coverage for slightly adjusted copays for persons retired between July 1, 2009 and October 1, 2011, and persons retired after October 1, 2011. Check the details at	
	Preferred brand drugs	\$25 copay/initial fill/mail order/Maintenance drug pharmacy. Retired July 2, 2009 – October 1, 2011: Non-Maintenance: \$10 copay/retail; Maintenance: \$25 copay/initial fill; \$25 copay mail order/ Maintenance drug pharmacy. Pre-July 1, 2009 retirees: Non-Maintenance: \$6 copay/retail; Maintenance: \$0 copay/initial fill; \$0 copay/mail    Solution   Solut		http://www.osc.ct.gov/benefits/pharmacy.htm  Maintenance drugs must be filled by mail order or maintenance drug pharmacy after first initial retail fill.  Penalty may apply if brand name drug is requested when a generic is available.  Prescription drugs purchased at a retail pharmacy are limited to a maximum of a		
	Non-preferred brand drugs	Non-Maintenance: \$40 co \$40 copay/initial fill/mail o pharmacy. Retired July 2, Non-Maintenance: \$25 co \$0 copay/initial fill/mail ord pharmacy. Pre-July 1, 200 Maintenance: \$6 copay/re copay/initial fill/mail order/ pharmacy	pay/retail; Maintenance: rder/Maintenance drug 2009 – October 1, 2011: pay/retail; Maintenance: der/ maintenance drug 09 retirees: Non- etail; Maintenance: \$0	30% coinsurance for non-participating pharmacy.	30-day supply; prescription drugs purchased through mail order or maintenance drug pharmacy are limited to a maximum of a 90-day supply. For some prescription drugs, prior authorization may be required. Prescription drug coverage is separately administered.	
	Specialty drugs	Same as non-preferred br	and drugs	Same as non-preferred brand drugs		

	What You Will Pay				
Common Medical Event	Services You May Need	In-Network Provider with PCP Referral (You will pay the least)	<u>In-Network Provider</u> without <u>PCP</u> <u>Referral</u>	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required. Penalty is the lesser of \$500 or 20% of cost of
surgery	Physician/surgeon fees	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	services.
If you need	Emergency room care	\$250 <u>copay</u> /visit; <u>deductible</u> does not apply; no referral needed.	\$250 <u>copay</u> /visit; <u>deductible</u> does not apply.	\$250 <u>copay</u> /visit. <u>Deductible</u> does not apply.	Copay waived if admitted.
immediate medical attention	Emergency medical transportation	No charge after deductible	No charge after deductible	No charge after deductible	None
attention	Urgent care	\$15 <u>copay</u> /visit; <u>deductible</u> does not apply; no referral needed.	\$15 <u>copay</u> /visit; <u>deductible</u> does not apply.	30% <u>coinsurance</u> after <u>deductible</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required. Penalty is the lesser of \$500 or 20% of cost of services. Limited to cost of a semi-private room unless medically necessary.
	Physician/surgeon fees	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	<u>Preauthorization</u> required. Penalty is the lesser of \$500 or 20% of cost of services.
If you need mental health, behavioral	Outpatient services	No charge after deductible; no referral needed	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	None
health, or substance abuse services	Inpatient services	No charge after deductible	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required. Penalty is the lesser of \$500 or 20% of cost of services.

			What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider with PCP Referral (You will pay the least)	<u>In-Network Provider</u> without <u>PCP</u> <u>Referral</u>	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you are pregnant	Office visits	No charge after deductible; no referral needed	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	Cost sharing does not apply for preventive care services.  Depending on the type of services, a copay, coinsurance, or deductible may apply.  Maternity care may include tests and services described within another section (e.g., ultrasound).
	Childbirth/delivery professional services	No charge after deductible; no referral needed	No charge after deductible	30% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required. Penalty is the lesser of \$500 or 20% of cost of services. Preauthorization only required
	Childbirth/delivery facility services	No charge after deductible; no referral needed	No charge	30% <u>coinsurance</u> after <u>deductible</u>	if hospitalization exceeds 48 hours for vaginal delivery or 96 hours for cesarean section.
	Home health care	No charge after deductible	30% coinsurance	30% <u>coinsurance</u> after <u>deductible</u>	Limited to 200 visits/calendar year. Must be in lieu of hospitalization.
	Rehabilitation services	No charge after deductible	30% coinsurance	30% <u>coinsurance</u> after <u>deductible</u>	<u>Preauthorization</u> required. Penalty is the lesser of \$500 or 20% of cost of services.
If you need help recovering or	Habilitation services	No charge after deductible	30% coinsurance	30% <u>coinsurance</u> after <u>deductible</u>	None
have other special health needs	Skilled nursing care	No charge after deductible	30% coinsurance	30% <u>coinsurance</u> after <u>deductible</u>	Out-of-network services limited to 60 days/calendar year.
	<u>Durable medical</u> <u>equipment</u>	No charge after deductible	30% coinsurance	30% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required. Penalty is the lesser of \$500 or 20% of cost of services.
	Hospice services	No charge after deductible	30% coinsurance	30% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required. Penalty is the lesser of \$500 or 20% of cost of services.

			What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider with PCP Referral (You will pay the least)	<u>In-Network Provider</u> without <u>PCP</u> <u>Referral</u>	Out-of-Network  Provider  (You will pay the most)	Limitations, Exceptions, & Other Important Information
If your child	Children's eye exam	\$15 <u>copay</u> /visit; not subject to <u>deductible</u>	\$15 <u>copay</u> /visit; not subject to <u>deductible</u>	50% <u>coinsurance</u> after <u>deductible</u>	Limited to one visit/calendar year.  In-network copay waived every other year.
needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered	You must pay 100% of this service, even in-network.
	Children's dental check-up	Not covered	Not covered	Not covered	You must pay 100% of this service, even in-network.

## **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Children's dental check-up
- Children's glasses
- Cosmetic surgery

- Dental care (adult)
- Long-term care
- Non-emergency care outside the U.S.

- Routine foot care
- Weight loss programs (except as required by law)

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (covered only if <u>medically necessary</u> for osteoarthritis or nausea and vomiting associated with surgery, chemotherapy or pregnancy)
- Bariatric surgery (preauthorization required)
- Chiropractic care (limited to 30 out-of-network visits/year)
- Hearing aid (limited to one set per 36 month period; <u>preauthorization</u> required for bone-anchored devices or no benefits provided)
- Infertility treatment (preauthorization required)
- Private duty nursing (preauthorization required)
- Routine eye care (Adult) (limited to one exam/year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 877-267-2323 x61565 or <a href="http://www.cciio.cms.gov">http://www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Anthem Blue Cross and Blue Shield
108 Leigus Road
Wallingford, CT 06492
800-922-2232

CVS/Caremark
Prescription Claim Appeals MC109
P.O. Box 52084
Phoenix, AZ 85072-2084
Fax: 866-443-1172

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Connecticut Office of the Healthcare Advocate at 866-466-4446.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Para obtener asistencia en Español, llame al 800-922-2232.

Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800-922-2232.

如果需要中文的帮助,请拨打这个号码 800-922-2232.

Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 800-922-2232.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copays</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ Specialist copayment	\$15
■ Hospital (facility)	\$0
Other	\$0

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800

## In this example, Peg would pay:

Cost Sharing			
<u>Deductibles</u>	\$350		
Copays	\$20		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions			
The total Peg would pay is	\$430		

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$350
■ Specialist copayment	\$15
■ Hospital (facility)	\$0
■ Other	\$0

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

# In this example, Joe would pay:

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$70	
Copays	\$235	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$365	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$350
Specialist copayment	\$15
Hospital (facility)	\$0
■ Other	\$0

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Examp	ole Cost	\$1,900

In this example, Mia would pay:

<u>Cost Sharing</u> <u>Deductibles</u>	\$350	
	\$350	
	7000	
<u>Copays</u>	\$310	
<u>Coinsurance</u>	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$660	

**NOTE:** These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your cost. For more information about the wellness program, please visit <a href="http://www.osc.ct.gov/benefits.htm">http://www.osc.ct.gov/benefits.htm</a>.

The **plan** would be responsible for the other costs of these EXAMPLE covered services.